## Lectio Divina

- Read and re-read out loud and slowly the Gospel
- Meditate on reading as being spoken to you, an experience in your life
- Pray Thanksgiving Repentance –
  Petition
- > Action Attitude (Call to change / to act /to do)

**September 5<sup>th</sup> 2021 23<sup>rd</sup> Sunday of Ordinary Time – Year B – Mark 7:31 -37** In this week's gospel we read of the man who could neither hear nor speak and his friends brought him to Jesus. This man reminds us of those who cannot communicate. They cannot hear Gods word of truth and consolation. He cannot initiate conversation - with God or other human beings. Jesus takes the man 'aside in private'. This is an indication that healing often requires intimacy. In public we can run the risk of using people to bolster our ego or for our personal ambition. Jesus looked up to heaven because he knows the source of his healing powers is there. He kept his word 'He makes the deaf hear and the dumb speak.'

Can you remember a time when your ears were opened and you heard in a new way that you are loved - by God and other people?

## Prayer:

Thank you Lord for the people you sent us who understand our wilderness. They taught us that it is what is within that is important as the heart is the true indicator of our goodness and not what comes into us from outside.

Forgive us Lord for the times we focused totally on being loyal members of our church and keeping its laws forgetting your first and most important request to us is universal love and compassion for all.

Lord help us to see that Gods commandments are given to us as a guiding help on our journey through life.

